

Bishop Garrigan Schools September 2020 Lunch Menu

Lunch: Milk Options Available Daily

Lettuce/Veggie Bar available daily for grades 5-12

Menus Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breaded Pork Patty WG Bun Green Beans Corn Banana	2 Chicken Nuggets Seasoned Rice California Blend Peas Mandarin Oranges	3 Cheesy Mascot Bread Marinara Dipping Cup Glazed Carrots Broccoli Pineapple	4 Spaghetti w/Meat Sauce Corn Mixed Veggies Applesauce 7-12 Cheesy Breadstick
7 No School	8 K-6 Mini Corn Dogs 7-12 Corn Dog Sweet Potato Fries Bloom Side Kick Peaches	9 Macaroni & Cheese Peas Diced Carrots Strawberries 9-12 Mini Garlic Toast	10 Super Nachos Refried Beans Lettuce/Tomato Cup Salsa Banana	11 Cheese or Sausage Pizza Broccoli Green Beans Pineapple
14 Cheese Burger WG Bun French Fries Mixed Veggies Grapes	15 Chicken Strips Mashed Potatoes W/Gravy Glazed Carrots Dinner Roll Strawberries	16 K-2 Scalloped Potatoes w/Ham 3-12 Baked Potato w/Ham & Cheese Broccoli Mini Garlic Toast Banana	17 Deli Sandwich WG Bun Baked Beans Potato Salad Apple Half	18 Crispito Cheese Sauce Corn Spanish Rice Orange Slices
21 Chicken Alfredo with a Twist Broccoli Green Beans 9-12 Garlic Breadstick Peaches	22 Hard or Soft Shell Taco Lettuce/Tomato/Cheese Corn Banana Cookie	23 Beef Burger WG Bun Hashbrown Baked Beans Apple Slices	24 Pizza Crunchers Green Beans Peas Watermelon	25 BBQ Pork WG Bun Mashed Sweet Potatoes Corn Cantelopi
28 Chicken Patty WG Bun Calico Beans Mashed Potatoes Pears	29 Hot Meatball Sub WG Bun Green beans Corn Banana 7-12 Mozzarella Stick w/Sauce	30 Grilled Cheese Sandwich Tomato Soup K – 2 Cucumber Slices w/Dip 3 – 12 Fresh Veggies w/Dip Kiwi Grapes		

Iowa Non-Discrimination Statement:

“It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>.”

Bishop Garrigan Schools September 2020 Breakfast Menu

Hot and Cold Options available Daily – Togo option available at Bishop Garrigan Campus

Cold Option Daily: Cereal, Toast, Milk, Juice Cup with Fruit Option

Monday	Tuesday	Wednesday	Thursday	Friday
	1 French Toast Sticks Pears Milk	2 Egg Patty Sausage Patty Toast Banana Milk	3 Fruit & Yogurt Parfait Blueberry Snack Bread Milk	4 Scrambled Egg Bake Toast Mandarin Oranges Milk
7 No School	8 Sausage Gravy Biscuit Peaches Milk	9 Egg Patty Sausage Patty Toast Banana Milk	10 Mini Donuts Yogurt Cup Grapes Milk	11 Waffles Sausage Apple Sauce Milk
14 Cheese Omelet Toast Applesauce Milk	15 Pancakes Sausage Links Peaches Milk	16 Egg Patty Sausage Patty Toast Banana Milk	17 Banana Muffin Yogurt Cup Strawberries Milk	18 Sausage Pancake Stick Pears Milk
21 Cheese Omelet Toast Applesauce Milk	22 French Toast Sticks Pears Milk	23 Egg Patty Sausage Patty Toast Banana Milk	24 Fruit & Yogurt Parfait Blueberry Snack Bread Milk	25 Scrambled Egg Bake Toast Mandarin Oranges
28 Cheese Omelet Toast Applesauce Milk	29 Sausage Gravy Biscuit Peaches Milk	30 Egg Patty Sausage Patty Toast Banana Milk		

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